

Key Stage 5 Curriculum Map - Psychology

As an examined subject, we are driven by exam board specifications and as such this course of study leads to a very credible qualification. The course is called “APPLIED” psychology and as such we aim to teach concepts that link to the everyday lives of students as well as introducing the learners to contrasting experiences that they may not have any access to. This not only helps students to achieve highly within the subject but also raises their awareness of the world around them and to develop into well rounded, empathetic citizens.

		AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Year 12	Topic/ themes/ skills covered	Unit 1: (External) Psychological Approaches and Applications <ul style="list-style-type: none"> • intro • cognitive approach • social approach. 	Unit 1: (External) Psychological Approaches and Applications <ul style="list-style-type: none"> • biological approach • learning approach • applying approaches and revision. 	First 3 weeks: Revision for Unit 1 exam Unit 2: Conducting Psychological Research Learning aim A: Understand research methods and their importance in psychological inquiry.	Unit 2: Conducting Psychological Research Learning Aim B: Plan research to investigate psychological questions. Learning Aim C: Carry out a pilot study.	Unit 2: Conducting Psychological Research Learning Aim D: Review implications of research.	Unit 3 (External): Health psychology. Lifestyle choice and health-related behaviour
	Assessment	Test on Cognitive Approach. Test on Social Approach.	Test on <ul style="list-style-type: none"> • biological approach • learning approach. Trial Exam 1: Unit 1 (past paper)	Trial Exam 2 Unit 1 (Past paper) External Exam: Unit 1	Teacher completes observation sheet on success of pilot study.	Mark and feedback Assessment of Unit 2 and external sampling of Unit 2. Resit external unit 1 (if needed).	Test on lifestyle choice and health-related behaviour.
		AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Year 13	Topic/ themes/ skills covered	Unit 3: (External) Health psychology Stress, behavioural addiction and physiological addiction.	Unit 3: (External) Health psychology Promotion of positive behavioural change	First 2/3 weeks revise for Unit 3 exam Unit 7**: Sport Psychology Learning Aim A:	Unit 7**: Sport Psychology Learning Aim B: Investigate how psychological theories can be	Unit 7**: Sport Psychology Learning Aim C: Recommend psychological interventions to meet	

				Understand key psychological theories underpinning performance in sport.	applied to sporting situations.	sports performance needs. Revise for Unit 3 resit if needed.	
	Assessment	Test on Stress, behavioural addiction and physiological addiction.	Test on Promotion of positive behavioural change Trial Exam 1: Unit 3 (past paper)	Trial Exam 2 Past Paper) External Exam: Unit 3		Mark and feedback Assessment of Unit 7 and External Sampling of Unit 7 Resit External Unit 3 (if needed)	

** Please note that this is an optional Unit and could change depending on interests (intended progression routes) of the cohort.